TRICARE Online

SAVE TIME WITH TRICARE ONLINE!

24/7

TOL allows you to:

- Schedule and cancel appointments for you & your family
- Receive email and text message appointment reminders
- Refill and check the status of your prescriptions
- View or download your personal health data via the Blue Button
- Link to 'secure messaging' to communicate with your health team

3 New Easy Ways to Log on to TOL

CAC

DS LOGON

DFAS MyPay Account

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