



Reynolds Army Community Hospital

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MARCH AWARENESS



TRAUMATIC BRAIN INJURY

Traumatic Brain Injury (TBI) is a disruption of brain function resulting from a blow or jolt to the head or penetrating head injury.

Did you Know?

TBIs can occur on the battlefield, on the football field, on the playground, in a car accident, and even at home. There are four categories of TBI including mild, moderate, severe and penetrating. A mild TBI (mTBI), which is also known as a concussion, is the most common form of TBI. An mTBI/concussion is a brain injury that requires prompt treatment. An mTBI/concussion is treatable; early detection is extremely important. Common causes of an mTBI/concussion on the battlefield include blasts, vehicle collisions, or blows to the head. Common symptoms following an mTBI/concussion may include headache, dizziness, fatigue, difficulty concentrating, and memory problems.

The conflicts in Iraq and Afghanistan have resulted in increased numbers of Veterans who have experienced traumatic brain injuries (TBI). The Department of Defense and the Defense and Veteran's Brain Injury Center estimate that 22% of all combat casualties from these conflicts are brain injuries, compared to 12% of Vietnam related combat casualties. 60% to 80% of soldiers who have other blast injuries may also have traumatic brain injuries.

If you are experiencing symptoms associated with a TBI/concussion, call your primary care provider to make an appointment or call the TBI clinic at 442-4678.

March 2015

Nursing Skills Fair

On 28-29 January 2015, RACH hosted its third consecutive semi-annual Nursing Skills Fair. The Skills Fair is a component of the Patient Caring Touch System which is the Army Nursing System of Care. The Skills Fair is designed to provide consistent, relevant opportunities for nursing team members to refresh their knowledge and patient care abilities. The focus of this iteration of the Skills Fair was on Patient Safety. This focus aligns with the organization's effort to become a High Reliability Organization.

As the U.S. Medical Command moves toward every Military Treatment Facility becoming a High Reliability Organization, the Command Team and the Nursing Department at RACH are supporting this effort as we set a goal of zero preventable harm. The 1st Skills Fair with a focus on Patient Safety occurred in September 2014 with over 300 participants in attendance. In an effort to capture personnel that was unable to attend the Skills Fair in September, the classes and skills stations offered in February were mirrored.

There are a total of 436 nursing team members consisting of all nurses, medics and medical support assistants. Over 88% of this staff was trained to standard. Some of the important topics and skills stations presented during the Skills Fair included; Infection Control Policy and Procedures, Code Blue Policy and Procedures, Clinical Alarms, Patient Restraints Policy and Procedures, Patient Safety Reporting, RACH Code Policies that included Code Pink and Code Red, Fire Safety and Evacuation Procedures, Blood Administration and Documentation, Lead Nurse Note and training on the new Blood Culture collection sets.



Commander & CSM's Message

The AMEDD Civilian Corp has a long record of service. Civilians have played a vital role in Army Medicine since the very beginning. In fact, virtually all medical functions were provided by civilians in the first few decades of the Army's existence. On 27 July 1775, the Continental Congress established a medical department to provide care for the Continental Army. The system was initially not designed well and caused counterproductive infighting and confusion. Despite the challenges the civilian cadre made significant strides in planning and organizing battlefield medicine, preventive care and basic logistical support for the Army. Under the purview of a Director General (antecedent of the Surgeon General), the surgeons, assistants, apothecaries, nurses and others worked tirelessly to overcome obstacles and provide the best possible care. In 1818 Congress finally established a permanent Medical Department with a Surgeon General as the head. The 20th century ushered in more positive changes and improved the structure of the Civilian Corp. Throughout history civilians have proudly served alongside uniformed service members to provide quality medical care and support to the Army. We celebrate the AMEDD Civilian Corp anniversary annually on 26 March.

CSM Oates and I want to thank all our civilians for all you do as members of the Army Medicine Team. You take excellent care of our patients—Soldiers, Retirees, and Family Members. You are loyal professionals working diligently in support of our daily mission. You are a great team and without you we would not be successful. Thank you for standing strong in the Army Civilian Corp Creed.

Army Civilian Corps Creed

I am an Army Civilian - a member of the Army Team
I am dedicated to our Army, our Soldiers and Civilians
I will always support the mission
I provide stability and continuity during war and peace
I support and defend the Constitution of the United States and consider it an honor to serve our Nation and our Army
I live the Army values of Loyalty, Duty, Respect, Selfless Service, Honor, Integrity, and Personal Courage
I am an Army Civilian



EMPLOYEE RECOGNITION—FEBRUARY



RETIREMENT/ETS/PCS

SSG VINING, AURELIA – LOG

SFC DEAN, LAURIE S. – WTU
SSG BAIRD, RICHARD G. – WTU
SGT MCKEEVER, SHERRIE L. WTU
SPC SHANNON, JOSEPH – WTU

SGT MCBRIDE, ROBIN S. – OST
SGT WEST, OWEN A. - BH

ACHIEVEMENT AWARDS

SPC CRAWFORD, ALEXANDER – RAD

MARGARET BOLINSKY - FP

DEBRA L. FURST – NCD

WILMA HARRIS – FP

YEARS IN SERVICE

PAULETTE ZIEGLER-CORIANO
MICHAEL A. WADDY
CYNTHIA G. BRIGG
GRACIE E. ANDERSON
MIKEL L. RIVERA
DEBRA L. ELKINS

8-WEEK PERFORMANCE TRIAD CHALLENGE WINNER

TEAM MEDICAL MGMT DIVISION

RACH STAR

BETTIE TILLMAN-GUEST – PED CLINIC
JAUARY

RAPHAELA GOODE – PCU
FEBRUARY

CUSTOMER SERVICE EXCELLENCE BANNER

SAME DAY SURGERY

PROMOTIONS

MAJ Andrea Lohmann
SPC David Hooper
SPC Jared Marcus
PFC Brandon Schott
PFC Timothy Baker

Nutrition Care Division (NCD) / Sodexo Contractors

Sodexo's 2014 MEDCOM MTF of the Year Recipient

The award is given out annually to one of eight Army Government Food Services contract sites; Fort Sill, Fort Irwin, Fort Riley, Fort Leonard Wood, Fort Knox, Fort Jackson, Fort Stewart, and West Point.

Each site is graded in five major categories

- ◆ Kitchen Operations
- ◆ Servicing and Dining Operations
- ◆ Training, Personnel & Readiness
- ◆ Sanitation & Maintenance
- ◆ Management

The two sites with the highest score became finalists and are then evaluated by Sodexo Executives and a third party Executive Chef. RACH has won this award two years in a row; this is the first time in the five year contract that this has occurred. RACH earned this award as a collaborative effort between Sodexo Management and NCD's Military Management. Each provided the necessary tools for success.



L to R: CPT D. Lawrence, Ms. L. Van Brunt, Mr. R. Coleman, Mr. B. Puente, and SFC S. Tucker

Congratulations and Thanks to all the NCD Staff!