

17 JUL 02

**MENTAL HEALTH SPECIALIST (MHS)  
COURSE PREREQUISITES  
CRS 302-91X10**

EFFECTIVE: 01 MAY 00  
LAST UPDATED: 30 APR 02

Open to Active Army (AA) SPC non-promotable and below, Reserve Component (RC) SGT and below, and DOD civilians. AA and RC soldiers holding PMOS 91A, 91K, 91P, 91V and 91WM6 will not be considered. First term soldiers can not apply for reclassification. Minimum **time in service (TIS) remaining requirement upon completion of this course is 17 months for AA soldiers.** TIS remaining requirement for the RC is governed by NGR 351-1 (4 Years) or AR 135-200 (2 Years). All soldiers must meet the height and weight requirements IAW AR 600-9. Soldiers must have a **Skill Technical (ST) of 102** or higher in the Aptitude Area score, a minimum physical profile (PULHES) of 111121, with normal color vision. Soldiers must be a high school graduate or have a GED equivalency. Enlisted women who are pregnant will be processed IAW AR 635-200. Prior to the departure from home station, soldiers are required to reenlist or extend their term of enlistment in order to fulfill the TIS remaining requirement upon completion of the course. When reporting to the AMEDDC&S for training, and it is determined that soldiers do not meet the TIS remaining requirement, they will not be accepted into the course unless the TIS requirement is fulfilled.

**SPECIAL INFORMATION:** Reserve Component soldiers will arrive at Fort Sam Houston with the following items MPRJ 201 file, Medical Record, Dental Record and complete basic clothing issue, to include running shoes. DOD civilians must submit a DA1556 requesting attendance at this course. The Unit of assignment for DOD civilians will incur all costs associated with attendance at this course. AA and RC soldiers must submit DA Form 4187, ERB, DA Form 2-1, and letters of recommendations from the chain of command.

**SUBMIT ALL REQUESTS FOR WAIVERS TO:** CDR, AMEDD Center & School, AMEDD Personnel Proponent Directorate, ATTN: MCCA-DE, 1400 E. Grayson Street, Fort Sam Houston, TX 78234-5052.

**COURSE SCOPE**

EFFECTIVE: 01 MAY 00  
LAST UPDATED: 21 FEB 02

To provide entry level knowledge, skills, and communication techniques required to assess/evaluate military personnel and their family members in need of mental health care; and provide communication techniques in the areas of human development, psychopathological disorders, psychological testing, consultation, interviewing, and counseling. The course combines didactic classroom instruction, closely supervised practical exercises, and an intensive closely supervised clinical practicum. Emphasis is on communication skills, psychological testing, assessment procedures, interviewing and counseling approaches.

**COURSE IS 19 WEEKS.**