

HEALTH & SAFETY CALENDAR OCTOBER 2003

*****ALL CLASSES ARE TAUGHT AT THE GREAT PLAINS CHAPTER.
ADVANCED PAYMENT MUST BE RECEIVED IN ORDER TO REGISTER FOR
CLASS. AVAILABILITY IS ON A FIRST-COME, FIRST-SERVED BASIS. FOR
MORE INFORMATION CALL (580) 355-2480 OR 355-8180.*****

OCTOBER 4TH

Community First Aid & Safety, 8:30a.m. -5:00 p.m., \$40.00

(Adult/Child/Infant CPR and First Aid) This course trains individuals to become familiar with how to recognize and care for victims of illness and sudden injuries, to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening respiratory or cardiac emergencies in adults, children and infants. Prerequisites: none.

OCTOBER 11TH

Community First Aid & Safety, 8:30a.m. -5:00 p.m., \$40.00

(Adult/Child/Infant CPR and First Aid) This course trains individuals to become familiar with how to recognize and care for victims of illness and sudden injuries, to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening respiratory or cardiac emergencies in adults, children and infants. Prerequisites: none.

CPR/AED for the Professional Rescuer, 8:30 a.m.-5:30 p.m., \$50.00

This course teaches professional rescuers (those with a duty to act and provide care) the skills needed to respond appropriately to breathing and cardiac emergencies, including the use of an automated external defibrillator for victims of sudden cardiac arrest. **Equivalent to BLS for Healthcare Providers.** Prerequisites: none.

OCTOBER 17TH

Adult/Child/Infant CPR Challenge, begins at 11:00 a.m., \$20.00

This challenge course gives individuals the opportunity to demonstrate knowledge and skill competency outside a formal class setting. Participants have sole responsibility for preparing for the knowledge and skill evaluations. Anyone is eligible to participate in a challenge course. Prerequisites: none.

OCTOBER 18TH

Community First Aid & Safety, 8:30 a.m.-5:00 p.m., \$40.00

(Adult/Child/Infant CPR and First Aid) This course trains individuals to become familiar with how to recognize and care for victims of illness and sudden injuries, to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening respiratory or cardiac emergencies in adults, children and infants. Prerequisites: none.

[Over]

OCTOBER 25TH

***Community First Aid & Safety*, 8:30 a.m.-5:00 p.m., \$40.00**

(Adult/Child/Infant CPR and First Aid) This course trains individuals to become familiar with how to recognize and care for victims of illness and sudden injuries, to overcome any reluctance to act in emergency situations, and to recognize and care for life-threatening respiratory or cardiac emergencies in adults, children and infants. Prerequisites: none.

OCTOBER 28TH

***Act in Time to Heart Attack Signs*, 10:00 a.m.-11:00 a.m., FREE**

This free presentation helps prepare participants to recognize the early warning signs of a heart attack and to take quick action if a heart attack occurs. Participants also learn more about the risk factors for a heart attack and how to prevent and control them. Prerequisites: none.

Also being held in October 2003...

Please call the chapter for times and/or dates.

***FA/CPR/AED Instructor Course*, \$80.00 (3-day)**

The purpose of the First Aid/CPR/AED Program Instructor course is to train instructor candidates to teach American Red Cross First Aid/CPR/AED Program courses and modules. Prerequisites: Must be at least 17 years of age by the last scheduled session of the instructor course; possess an *Fundamentals of Instructor Training* (FIT) certificate issued in the last 12 months.

***Babysitter's Training*, 9:00 a.m.-3:00 p.m., \$25.00**

This course focuses on injury prevention, first aid, basic childcare, decision-making, problem solving and leadership skills. **BRING A SACK LUNCH.** Prerequisites: must be at least 11 years of age by date of course.

WORKSITE TRAINING

Worksite training takes Red Cross courses to your location at your convenience. American Red Cross volunteer instructors will conduct Health & Safety courses for eight (8) or more persons. Reservations need to be made at least two weeks in advance. More for information please contact the Health & Safety Department at (580) 355-2480.

Notice: This calendar is subject to change. For additional updates or information, please contact the Great Plains Chapter at (580) 355-2480 / 355-8180 or visit our website at www.greatplainsredcross.org